



Potty Training SCHEDULE

CONSISTENCY BUILDS SUCCESS! ♥

Take your dog out to potty, reward, and repeat! ♥

1 MORNING / WAKE UP

Take your dog out to the potty area and tell them "Go Potty." They should pee right away — poop may take a little bit longer. Once they're done, leash them up and tell them "Let's Go" to head back inside.



2 AFTER BREAKFAST

Once they finish breakfast, if you can't watch them, put them in the crate for about 20 minutes. Then take them straight out to the potty area and tell them "Go Potty." They should pee and poop quickly. Once done, leash them up and tell them "Let's Go" to head inside.



3 THROUGHOUT THE DAY

Take your dog out to the potty area regularly throughout the day. Use their age, individual bladder control, and potty training progress to determine how frequently they need breaks. They will likely need to go after eating, drinking, playing, or waking up.



4 AFTER DINNER

Once they finish dinner, if you can't watch them, put them in the crate for about 20 minutes. Then take them straight out to the potty area and tell them "Go Potty." They should pee and poop quickly. Once done, leash them up and tell them "Let's Go" to head inside.



5 BEDTIME

Take your dog out to the potty area and tell them "Go Potty." They should pee right away — poop may take a little bit longer. Once they're done, leash them up and tell them "Let's Go" to head inside.



How Long Can My Puppy Hold It?

A general guideline we use at Ryker is:

Puppy's age in months + 1 = approximate hours they may be able to hold their bladder.

Puppy's Age	Approximate Bladder Capacity
2 months	3 hours
3 months	4 hours
4 months	5 hours
5 months	6 hours
6 months	6-7 hours



These are general estimates, not guaranteed holding times. Every puppy is different! Puppies may need more frequent potty breaks depending on their activity level, water intake, and potty training progress. ♥

Use an Outdoor Exercise Pen

Using an outdoor exercise pen in the designated potty area can help prevent sniffing and roaming. This keeps them focused and more likely to go potty. Once they go, leash them up and head back inside.



Important Reminders

- ✓ No free roam. When not supervised, your dog should be on a leash with you, in their crate, or outside.
- ✓ Take them out after eating, drinking, playing, and waking up.
- ✓ Use the same potty area and say "Go Potty" each time.
- ✓ Reward them immediately after they potty outside.
- ✓ Be consistent! A routine helps your dog learn faster and prevents accidents inside.

What if they don't potty outside?

- If you know they need to go but didn't, put them back in the crate for 15-20 minutes and try again.
- Reduce distractions.
- Use an outdoor exercise pen to keep them focused.
- Stay outside until they go.
- They **MUST** go potty outside in order to earn the time with you inside.



A consistent routine, supervision, and clear expectations will help your dog learn where and when to potty!

